



2025-2026 Dance for Parkinson's Class Guide & Registration Procedures

Advanced registration for Dance for Parkinson's classes is encouraged for everyone, including both people with Parkinson's and their companions. Drop-in participation will be accommodated when possible.

Class registrations are honored on a first-come, first-served basis, and must be submitted through [Playhouse Square Events & Tickets](#). Classes are listed individually as Dance for Parkinson's Class and are organized chronologically by date, beginning October 6, 2025.

IMPORTANT NOTES REGARDING REGISTRATION

- Participants must acknowledge and accept the terms of participation regarding liability before taking any classes. A liability waiver that covers all Dance for Parkinson's classes and events from July 1, 2025 to June 30, 2026 is available [here](#). Participants may sign in advance or sign a copy when they arrive for class.
- [Ticket and Theater Guidelines](#) specify that by attending an event at Playhouse Square, you consent to the use of your image or likeness incidental to any live or recorded video, photography, or transmission or reproduction of the event you are attending.
- Please [subscribe](#) to the Arts & MINDS mailing list to receive class announcements and updates.

COST & PARKING

- Dance for Parkinson's classes are free for people with Parkinson's and their care partners.
- Complementary valet parking will be provided for those who register in advance.
- Participants may register for as few or as many classes as they wish in each 10-week session (Fall 2025, Winter 2026, Spring 2026).
- A map, directions, valet voucher, and class reminders will be provided after registration.

WAITING LIST

If a class is listed as “sold out” please contact Joan Meggitt at 216-640-8725 or joan.meggitt@playhousesquare.org to join the waiting list. Individuals with Parkinson’s are given priority and will be notified when space becomes available, in the order in which inquiries were received.

INCLEMENT WEATHER

Playhouse Square remains open during inclement weather. Individuals should use their discretion when considering travel during periods of inclement weather. If you choose to attend a class, we will be here for you!

COMING TO CLASS

- All Dance for Parkinson’s facilities at Playhouse Square are accessible, including adjacent restrooms. Valet drop-off is less than 25 yards from venue entrances.
- Water will be provided, as well as snacks after class.
- Please dress comfortably. Layers are recommended to accommodate heating up and/or cooling down during class.
- Participants may wear shoes, socks, or work in their bare feet according to their needs and comfort level.
- Participants must be able to utilize the restroom on their own. Individuals requiring assistance should attend class with a companion who can take class with them.
- No dance experience is required.
- Participants can take the class at their own pace and are encouraged to rest as needed, take their medication as scheduled, and otherwise take care of themselves.
- Classes begin seated and then progress to standing and traveling steps. Participants can enjoy class seated and/or standing according to their preferences and needs.
- Participants can expect to explore a variety of dance forms such as modern, jazz, ballet, tap, musical theater, improvisation, folk dance, and more. There is something for everyone in every class!
- Classes are accompanied by a live musician!

For questions about Dance for Parkinson’s, please contact Joan Meggitt at 216-640-8725 or joan.meggitt@playhousesquare.org.